



Welcome to the Therapy Works Aquatic Therapy Program!

Aquatic therapy is a wonderful evidence-based, beneficial support to your rehabilitation and healing. The buoyancy of water helps relieve pressure on the joints and is an excellent approach for those with chronic pain, arthritis, neurological conditions, or in need of post-operative care or treatment for motor vehicle injuries.

Our physical therapists conduct aquatic therapy at the Bend Golf Club located at 61045 Country Club Drive, Bend, Oregon 97702.

Our individualized program is held in a heated indoor saltwater pool and utilizes our one-on-one personalized approach with a physical therapist who is specially trained in Aquatic Therapy.

At first visit, please arrive 15 minutes before your scheduled appointment to allow for familiarization with the facility and the Aquatic Therapy Program. Please bring your swimsuit, towel, and any personal toiletries. Lockers and showers are available for your convenience.

Upon arriving at the Bend Golf Club, park up front, close to the building. There are stairs that go up to the second floor and then stairs down to the first floor where the pool is. Alternatively, there is an elevator entrance on the right side of the stairs. Take the elevator to the first floor.

Once you reach the first floor, take a left and walk until you see a sign for the pool entrance and locker rooms. You will go down 4 steps to enter the locker rooms. The pool is accessed through the locker rooms. Your therapist will meet you poolside.

When your therapist recommends, we encourage you to continue independent therapy exercises outside of your physical therapy sessions.

We look forward to seeing you at the pool!